



**Chronic Osteoarthritis Management Initiative (COAMI)  
Work Group Meeting  
May 10-11, 2012**

**Hyatt Rosemont  
Rosemont, IL**



**Chronic Osteoarthritis Management Initiative (COAMI)  
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## Welcome from the USBJI President

Dear Fellow Participant,

As President of the U.S. Bone and Joint Initiative (USBJI), I'd like to welcome you to the first meeting of the Chronic Osteoarthritis Management Initiative. I appreciate the time you are taking from your schedule to attend what the USBJI and the program committee hope will be the start of a paradigm shift in the management of osteoarthritis.

Arthritis is one of the five major conditions addressed by the U.S. Bone and Joint Initiative. The other areas are bone health and osteoporosis, trauma, spine, and pediatric conditions. The USBJI, which started as the U.S. Bone and Joint Decade by a Presidential declaration in 2002, is a multidisciplinary organization of organizations, whose mission is to improve the musculoskeletal health of the nation through research, advocacy, and education. The USBJI has several ongoing projects in each of these areas, including the Young Investigator Initiative, targeted at increasing and improving the workforce in musculoskeletal research; public education programs covering bone health and osteoporosis, arthritis, and pediatric conditions; and Project 100, that addresses education of health care professionals in the musculoskeletal area. COAMI is the latest project started by the USBJI, and, as with all Initiative projects, is intended to be patient-focused and multi/interdisciplinary. This project also brings to fruition another of the goals of the Initiative: to engage primary care professionals in our activities. As most patients with musculoskeletal conditions are initially evaluated and receive long-term follow-up for these conditions by their primary health care providers, and given the interaction of musculoskeletal and other chronic conditions, the inclusion of this group of providers is essential.

The goal of this initial meeting will be to: discuss the current treatment paradigm of osteoarthritis and to identify any gaps in research, education, and treatment; discuss the feasibility of developing and promulgating a practice-shift in OA management, to align it more with those utilized for other chronic diseases, such as diabetes and hypertension; discuss how knowledge of OA prevention and multimodal and interdisciplinary treatment could be enhanced among all healthcare specialties; explore how OA impacts the development and treatment of other chronic conditions (e.g., obesity and diabetes), and how the new paradigm could be incorporated into the management of these other conditions; address sex/gender and race/ethnicity issues in terms of disparities of incidence and care. From our discussions, to be facilitated by Nicole Lezin, a paper will be written outlining the meeting content and recommendations. If the Work Group concludes that a change in the current treatment paradigm is needed and a novel approach to the patient with OA is feasible, future outcomes of this project may include the development of coordinated intersociety initiatives, as well as the identification of model systems of care and demonstrations of improved outcomes using this chronic care approach. It will be for each of us to communicate to our own organizations the outcomes and recommendations of the meeting.

Again, thank you for your time, your interest, and your input. If you have any questions concerning this project, or the USBJI in general, please don't hesitate to ask me.

Sincerely,



Kimberly J. Templeton, MD  
President  
United States Bone and Joint Initiative



## Welcome from the Chair

Dear Fellow Participant,

Welcome to the work group meeting to discuss the establishment of a Chronic Osteoarthritis Management Initiative (COAMI), coordinated through the U.S. Bone and Joint Initiative. I am honored to have been asked to chair this meeting and look forward to a highly interesting and productive session. The list of participants and organizations you represent is most impressive, and I and the organizing committee thank you for taking the time out of your busy schedules to spend the next day discussing the questions of 1) how we currently manage osteoarthritis, and 2) in the light of advances in recent years and what we know today, whether it is time to consider new approaches, and if so, what those should be.

Our working hypothesis is that people with osteoarthritis (OA) might be better served by changing the practice paradigm from the current episodic and reactive approach to one that is similar to other chronic diseases. These would include longitudinal, early, and proactive management; public and patient education; and coordinated, multi- and interdisciplinary interventions. As with other chronic health conditions, a patient-centered, multimodal approach might better achieve the desired patient goals of pain relief, increased function, and decreased disability. This project would be seen as running in tandem with and perhaps sharing joint projects with other patient-centered programs already started, such as the OA Action Alliance. COAMI would be directed toward healthcare professionals. However, this project is not designed to produce a treatment guideline.

As a member of a multi-disciplinary Work Group of primary and specialty health care professionals, representing organizations whose members manage the care of people with OA and who conduct research, you have been invited in order to assess the validity of this proposal, and if the Group concludes that there is merit, to propose next steps to be taken to address the issue. Since the treatment of the patient with OA does not reside within one healthcare field, the USBJI's aim is to be as inclusive as possible of all groups of professionals who work with people with OA, as well as to include the perspectives of patients.

In order to ensure that everyone's specialty viewpoint is considered, and that this is a highly productive meeting, I ask you to participate fully and not to hold back.

Again, thank you for your participation.



Joanne M. Jordan, MD, MPH  
Chair



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**Thursday, May 10 – Coleman A**

1500 – 1630	Arrival and Registration
1630 – 1645	Welcome and Introductions <b>Kimberly J. Templeton, MD</b> President, United States Bone and Joint Initiative  <b>Joanne M. Jordan, MD, MPH</b> Chair, COAMI Work Group Meeting
1645 – 1715	Review of Agenda and Ground Rules  <b>Nicole Lezin</b> Facilitator
1715 – 1745	Current Situation and Clinical Rationale for Change  <b>Joanne M. Jordan, MD, MPH</b> Chair, COAMI Work Group Meeting
1745 – 1815	Vision Discussion
1830	Dinner – <i>Lindbergh B</i>

**Friday, May 11 – Coleman A**

0700 – 0900	Breakfast Buffet
0800 – 0830	Re-cap of Day 1 Discussions; Review of Agenda for Day 2 <b>Joanne M. Jordan, MD, MPH</b> Chair, COAMI Work Group Meeting  <b>Nicole Lezin</b> Facilitator
0830 – 0915	Concerns/Barriers Discussion
0915 – 1000	Possibilities for Addressing Concerns/Barriers
1000 – 1015	Break
1015 – 1030	Criteria for Selecting Possibilities/Action Steps
1030 – 1100	Shortening the List of Possibilities <ul style="list-style-type: none"><li>• Apply Criteria</li><li>• Categorize/Sort Possibilities (Work Group preparations)</li><li>• Select Priorities in Each Category</li></ul>
1100 – 1200	Small Group Work on Action Steps for High-Priority Possibilities <ul style="list-style-type: none"><li>• Breakout Rooms – <i>Lindbergh A and Lindbergh B</i></li></ul>
1200 – 1300	Lunch Buffet
1300 – 1400	Reports from Small Groups
1400 – 1445	Discussion/Refinement Action Items Participant and Organization Commitments
1445 – 1515	Next Steps Dissemination of Work Group Recommendations
1515 – 1525	Summary <b>Joanne M. Jordan, MD, MPH</b> Chair, COAMI Work Group Meeting  Thanks and Final Words <b>Kimberly J. Templeton, MD</b> President, United States Bone and Joint Initiative



## **Chronic Osteoarthritis Management Initiative (COAMI) Work Group Meeting, May 10-11, 2012**

### **Participating Organizations and Representatives**

#### **Chair**

##### **Osteoarthritis Research Society International**

Joanne M. Jordan, MD, MPH  
Professor, Medicine & Orthopaedics  
Thurston Arthritis Research Center  
University of North Carolina at Chapel Hill School of  
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3300 Doc J. Thurston, Jr. Bldg. CB#7280  
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#### **Participating Organizations and Representatives**

##### **American Academy of Family Physicians**

Deepak S. Patel, MD  
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##### **American Academy of Nurse Practitioners**

Michael E. Zychowicz, DNP, ANP-C, ONP-C, FAANP  
Associate Professor  
Director, Master of Science in Nursing Program  
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Durham, NC 27710

##### **American Academy of Orthopaedic Surgeons**

Thomas C. Barber, MD  
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##### **American Academy of Pediatrics**

Sharon M. Bout-Tabaku MSC, MD  
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##### **American Academy of Physical Med. and Rehabilitation**

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Rehabilitation  
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Thomas E. Conway  
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Health Policy and Practice Services  
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##### **American Academy of Physician Assistants**

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##### **American College of Physicians**

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##### **American College of Sports Medicine**

William W. Dexter, MD, FACSM  
Director of Sports Medicine  
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**American Diabetes Association**

George S. Motto, MD  
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**Arthritis Foundation**

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Public Health Department  
Arthritis Foundation  
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**American Medical Society for Sports Medicine**

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Sports Medicine Physician  
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**American Medical Women's Association****United States Bone and Joint Initiative**

Kimberly J. Templeton MD (USBJI President)  
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Department of Orthopaedic Surgery  
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**American Physical Therapy Association**

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Professor and Chair, Department of Physical  
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**American Orthopaedic Society for Sports Medicine**

Jo A. Hannafin, MD, PhD  
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**American Osteopathic Association****American College of Osteopathic Family Physicians**

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Family Physician  
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**Institute of Pediatric Nursing**

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**National Association of Orthopaedic Nurses**

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**National Athletic Trainers' Association**

Ralph Reiff, Med, LAT, ATC  
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St. Vincent Sports Performance  
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Indianapolis, IN 46278

**National Hispanic Medical Association**

Katherine A. Flores, MD  
Chairwoman, National Hispanic Medical  
Association  
Director, UCSF-Fresno Latino Center for Medical  
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**National Medical Association**

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**United States Bone and Joint Initiative**

Anita Bemis-Dougherty PT, DPT, MAS  
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**Facilitator**

Nicole Lezin  
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**Staff Liaison**

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## Chronic Osteoarthritis Management Initiative Work Group Meeting, May 10-11, 2012

### Biographies



Joanne M. Jordan, MD, MPH (Chair)  
Professor, Medicine & Orthopaedics  
Thurston Arthritis Research Center  
University of North Carolina at Chapel Hill  
School of Medicine  
Chapel Hill, NC

Dr. Jordan (AB, Cornell University; MD The Johns Hopkins Medical Institutions; MPH University of North Carolina School of Public Health) received her training in Internal Medicine and sub-specialty training in Rheumatology and Immunology at Duke University Medical Center. She joined the faculty of the Division of Rheumatology, Allergy, and Immunology at the University of North Carolina in 1987.

Dr. Jordan currently is the Chief of the Division of Rheumatology, Allergy, and Immunology and the Director of the Thurston Arthritis Research Center. Her clinical interests are in Osteoarthritis and the arthropathy of Hemochromatosis. Her research interests are in the epidemiology and genetics of Osteoarthritis and in genetic interaction with environmental triggers of arthritis and autoimmune diseases, particularly metal exposures. She is the founder and Director of *The Johnston County Osteoarthritis Project*, a long-term study, designed to span decades, of osteoarthritis in African Americans and Whites in a rural county of NC. This study has enjoyed continual funding from the Centers for Disease Control and Prevention since 1990 and from the National Institutes of Health since 1993. This study was the first of its kind to include African Americans and has provided critical information regarding racial/ethnic disparities in osteoarthritis and its consequences, biomarkers of joint metabolism in the osteoarthritis process, the comorbidity of psychosocial conditions upon osteoarthritis outcomes and disability, and the epidemiology of osteoarthritis.

Dr. Jordan also directs the *Genetics of Osteoarthritis* study, a large genetic association study, and is one of the lead investigators in the *Genetics of Generalized Osteoarthritis* study, the largest family study of osteoarthritis in the world. She has served as consultant and collaborator to numerous research groups

worldwide and is the author of approximately 120 journal articles and 4 book chapters. Dr. Jordan is currently the Deputy Editor for Clinical Science of the journal *Osteoarthritis and Cartilage* and is the recipient of the Osteoarthritis Research Society International's Clinical Research Award in 2007, the 2009 American College of Rheumatology Award of Distinction in Investigative Mentoring, and the 2011 Rural Sociological Society's Distinguished Service to Rural Life Award.

*Dr. Jordan will be representing the Osteoarthritis Research Society International.*



Thomas C. Barber, MD  
Associate Physician in Chief  
Kaiser Permanente  
Oakland, CA

Dr. Barber is an orthopedic surgeon specializing in total joint replacement. Dr. Barber has been on the forefront of new orthopedic techniques, as a pioneer for two-incision minimally invasive total hip replacement, minimally invasive quad sparing total knee replacement, and now surface replacement arthroplasty of the hip. Since its inception in 2000 he has served on the oversight board of the Kaiser Interregional Implant Registry.

Dr. Barber earned his medical degree from the University of Rochester School of Medicine and received his A.B. Cum Laude in economics from Harvard College. He received his fellowship training at Stanford University, residency at the Boston University Orthopedic program and internship at the University of Rochester Surgical Program.

Dr. Barber serves as Associate Physician in Chief in charge of Graduate Medical Education, Tertiary Care, and Operating Room Services for Kaiser East Bay (Oakland and Richmond Medical Centers). He has served as the chair of the AAOS Board of Councilors.

*Dr. Barber will be representing the American Academy of Orthopaedic Surgeons.*



William W. Dexter, MD, FACS  
Director of Sports Medicine  
Maine Medical Center Family  
Medicine Center  
Portland, ME

Dr. Dexter, incoming President - elect of the American College of Sports Medicine is the Director of Sports Medicine for Maine Medical Center, Professor of Family Medicine at Tufts University School of Medicine, and adjunct faculty at the University of Southern Maine - where he also serves as Head Team Physician. A recipient of the Maine Governor's Council on Physical Activity Lifetime Achievement Award, he is also the team physician for Cheverus HS and the Portland Pirates (AHL), Medical Director of the Maine Marathon and sports medicine consultant for a number of community sports organizations. Graduating from Dartmouth College and the Medical College of Virginia, he completed his Family Medicine residency at Maine Medical Center and his Sports Medicine fellowship at Hennepin County Medical Center in Minneapolis.

Dr. Dexter is active in sports medicine research and education. He has given over 150 invited presentations nationally and internationally; he serves on numerous scientific, non-profit and review and editorial boards and has published over 60 book chapters, articles and abstracts. He is a charter member of the American Medical Society for Sports Medicine, where he serves on the Fellowship and Education committees and as Chair of the Faculty Development sub-Committee. Married to Cindy and a father of three, he is an avid skier, hiker, a hack golfer and a life-long rugby enthusiast - a former national team triathlete; he continues his involvement in the sport on the USARFU Medical Board and as a certified referee and High School coach.

*Dr. Dexter will be representing the American College of Sports Medicine.*



Anita Bemis-Dougherty PT, DPT, MAS  
Lead Clinical Practice Specialist  
American Physical Therapy Association  
Alexandria, VA

Dr. Bemis-Dougherty received her doctor of physical therapy degree from Widener University in Pennsylvania. She earned a Bachelor of Science degree in physical therapy at the University of Maryland, Baltimore, and a Masters degree in administration from the Johns Hopkins University in Baltimore.

Dr. Bemis-Dougherty is a Lead Clinical Practice Specialist in the American Physical Therapy Association (APTA) Department of Clinical Practice. Before joining APTA in 2006, she was the physical therapy manager at the Johns Hopkins Hospital in Baltimore, Maryland. She

has also practiced in tertiary, academic medical institutions, which included a variety of clinical settings such as outpatient, acute care, and acute inpatient rehabilitation.

Dr. Bemis-Dougherty has been involved in APTA initiatives related to physical therapy documentation, peer review, fall risk reduction and prevention, The Joint Commission, acute care initiatives, physical therapists practice in the Emergency Department, revisions to the Guide to Physical Therapist Practice, and education of members in the application of the International Classification of Functioning, Disability, and Health (ICF).

*Dr. Bemis-Dougherty is the current Secretary of the United States Bone and Joint Initiative.*



Sharon M. Bout-Tabaku MSC, MD  
Rheumatology  
Nationwide Children's Hospital/The Ohio  
State University  
Columbus, OH

Dr. Bout-Tabaku is a pediatric rheumatologist with training in clinical epidemiology and nutrition. She completed her fellowship and training in epidemiology at the Children's Hospital of Philadelphia and the University of Pennsylvania Center for Clinical Epidemiology and Biostatistics.

Dr. Bout-Tabaku is pursuing a career in clinical research in addition to practicing as a pediatric rheumatologist at Nationwide Children's Hospital and The Ohio State University in Columbus, Ohio.

As a junior faculty member Dr. Bout-Tabaku is interested in the short and long term effects of childhood obesity on the musculoskeletal system and the lower extremities. Her current research includes studying the role of childhood obesity on knee alignment, hyper mobility and pain. Her long term goal is to study the role of childhood obesity on knee osteoarthritis.

*Dr. Bout-Tabaku will be representing the American Academy of Pediatrics.*



Leigh Callahan, PhD  
 Professor, Medical and Social Medicine  
 University of North Carolina at Chapel Hill  
 School of Medicine  
 Thurston Arthritis Research Center  
 Chapel Hill, NC

Dr. Callahan is a professor in the Departments of Medicine and Social Medicine; and an adjunct associate professor in the Department of Epidemiology at the University of North Carolina (UNC) at Chapel Hill. She is the director of the Methodology Core at the Thurston Arthritis Research Center, and teaches Clinical Epidemiology and Aging and Health courses at UNC Chapel Hill. Dr. Callahan has an undergraduate degree from UNC Chapel Hill and a PhD from Vanderbilt University. She has over 25 years of experience in arthritis and health outcomes research, and experience in public health as a former arthritis epidemiologist with the Centers for Disease Control and Prevention.

Dr. Callahan has served on a number of editorial boards, is a former editor for the Arthritis Care and Research journal and has been a reviewer for numerous journals including the Journal of Rheumatology, Arthritis and Rheumatism, The Journal of the American Medical Association, Annals of Internal Medicine, and Medical Care. She recently served on the Institute of Medicine (IOM) committee that produced the report, *Living Well With Chronic Illness: A Call for Public Health Action*. She currently serves on the U.S. Bone and Joint Initiative Board of Directors and as Treasurer. Dr. Callahan is a long-time volunteer for the Arthritis Foundation on both the state and national level, and received the Charles B. Harding Award for Distinguished Service in 2005 for her work with the Arthritis Foundation. In 2006, she received the Addie Thomas Service Award from the Association of Rheumatology Health Professionals. She has authored more than 180 publications and articles, is a frequent presenter at conferences and meetings worldwide, and continues to spearhead a number of projects examining the factors surrounding arthritis, health outcomes, and health disparities. She has received numerous grants from the NIH and CDC.

*Dr. Callahan is the current Treasurer of the United States Bone and Joint Initiative.*



Thomas E. Conway  
 Associate Executive Director  
 Health Policy and Practice Services  
 American Academy of Physical Medicine and  
 Rehabilitation  
 Rosemont, IL

Mr. Conway is currently the lead staff for the AAPM&R Board of Governors' Quality, Practice, Policy and Research Committee. He is responsible for several departments including Health Policy and Legislation; Practice Resources; Reimbursement and Policy Review; Evidence-Based Practice; Clinical Practice Guidelines and Performance Metrics. He directs state government and federal advocacy activities on behalf of physical medicine and rehabilitation physicians.

Prior to joining the AAPM&R, Mr. Conway led the medical and dental informatics teams at both the American Medical Association and American Dental Association. He also led the Inter-Plan Programs Committee and Provider Satisfaction teams at Blue Cross Blue Shield Association.

Mr. Conway earned a Masters degree in Public Administration and a Bachelors degree in Political Science from the University of Illinois.



Maura Daly Iversen, PT, DPT, SD, MPH, BSc  
 Professor and Chair, Department of Physical Therapy  
 School of Health Professions  
 Bouve College of Health Sciences  
 Northeastern University  
 Boston, MA

Dr. Iversen is a Professor and Chair of the Department of Physical Therapy at Northeastern University. She also holds a faculty appointment in the Department of Medicine, Harvard Medical School and a clinical research appointment in the Section of Clinical Sciences, Division of Rheumatology, Immunology & Allergy, Brigham & Women's Hospital, Boston, Massachusetts. She is an Honorary Professor of Health Sciences, University of Southern Denmark, Odense, Denmark and an Adjunct faculty in the HERACLEIA Human Centered Laboratory, University of Texas, Arlington.

Dr. Iversen received a B.Sc. degree and a Certificate in Physical Therapy from Simmons College, a Master of Public Health from Boston University, a Doctor of Physical Therapy from MGH Institute of Health Professions and a Doctor of Science degree in Behavioral Science and Clinical Epidemiology from Harvard University. She completed her postdoctoral training in clinical epidemiology in the Department of Medicine, Harvard Medical School.

During her doctoral and postdoctoral training Dr. Iversen worked with Dr. Matthew Liang, Professor of Medicine, Harvard Medical School and Professor of Health Policy, Harvard School of Public Health

During her doctoral and postdoctoral training Dr. Iversen worked with Dr. Matthew Liang, Professor of Medicine, Harvard Medical School and Professor of Health Policy, Harvard School of Public Health conducting clinical trials of exercise in patients with rheumatic conditions, specifically lumbar spinal stenosis, rheumatoid arthritis and systemic lupus erythematosus. Her doctoral dissertation focused on rheumatologist-patient communication about exercise as an intervention to manage arthritis symptoms under the direction of Dr. Thomas Inui, Professor and Endowed Chair of Preventive Medicine, Harvard Medical School and Dr. Lawren Daltroy (deceased) former Associate Professor, Harvard School of Public Health.

Prior to her arrival at Northeastern University in the fall of 2009, Dr. Iversen served as a Professor and Associate Chair of Physical Therapy at MGH Institute of Health Professions and as Assistant Professor of Medicine, Harvard Medical School. Her recent research focuses on behaviors interventions to improve adherence to pharmacologic and non-pharmacologic therapies in rheumatic conditions. She is also interested in technologies to promote physical activity and independence in persons with arthritis. Dr. Iversen is currently funded by the National Institutes of Health (NIAMS and NCAM). Her projects include: Physical activity in Rheumatoid Arthritis: Towards Personalized Counseling; a Randomized Controlled Trial of Tai Chi versus Physical Therapy for Knee Osteoarthritis, Motivational Interviewing to Improve Adherence to Osteoporosis Medications in Older Adults, and primary care physician's attitudes toward prescription of disease modifying agents in rheumatoid arthritis. She has received funding from the national Arthritis Foundation, the Foundation for Physical Therapy, the Research and Education Foundation, and the Farnsworth Foundation. She serves as collaborator on a number of national Science Foundation grants together with colleagues in computer science and engineering to facilitate transfer of technology into health care. Additionally she has received certification in medical simulation from the Center for Medical Simulation, a Harvard Medical School/MIT collaborative.

Dr. Iversen has published over 75 peer reviewed articles and 20 book chapters. She has mentored over 30 master level and doctoral students in the U.S. and abroad. She is the recipient of the 2011 Distinguished Scholar Award from the Association of Rheumatology Health Professionals/American College of Rheumatology. She has also received awards for advocacy, research and/or professional service from the Arthritis Foundation and the American Physical Therapy Association.

*Dr. Iversen will be representing the American Physical Therapy Association.*



Marjorie Delo, MD  
Sports Medicine Physician  
Lakeshore Orthopaedics  
Manitowoc, WI

Dr. Delo is originally from near Boston, Massachusetts, and completed her undergraduate degree at Massachusetts Institute of Technology (MIT) in Cambridge, Massachusetts. She earned her medical degree at New York University School of Medicine and completed her residency at University of Massachusetts Medicine Center with a focus in rural medicine. After residency, she completed a sports medicine fellowship at University of California, San Diego. Since completing fellowship, she has taken over 100 hours of continued education in musculoskeletal ultrasound, and is currently an instructor in national ultrasound courses.

Dr. Delo is practicing in a multispecialty orthopedic practice along with a PM&R physician and orthopedic surgeons with fellowship training in joint replacement, sports and arthroscopy, foot and ankle, hand, and spine. She treats both medical and orthopedic conditions in the athletic and active population, as well as performing diagnostic ultrasound and guided procedures including PRP. She is the medical director of the first regional Sports Concussion Clinic.

Dr. Delo provides sports coverage for local high school, collegiate, and semi-professional teams. She is chief medical editor for *beginnertriathlete.com*, and is currently performing clinical research on core stability in athletes. She has authored multiple chapters and articles on sports-related conditions and injuries. She is a member of the AMSSM, AAFP, and AIUM.

Outside of medicine, Dr. Delo competes in triathlons and duathlons. She ran cross country and Track & Field in college, and has competed on amateur Team U.S.A. at Duathlon World Championships from 2008-2010. She enjoys spending her free time hiking, snowshoeing, and road-tripping with her husband, son, and dog.

*Dr. Delo will be representing the American Medical Society for Sports Medicine.*





William L. Doss, III, MD  
Assistant Professor  
University of Arkansas for Medical Sciences  
Little Rock, AR

Dr. Doss is originally from Detroit, Michigan. He went to medical school at Howard University in 1991 and completed his residency in Physical Medicine and Rehabilitation at the Baylor College of Medicine in 1995. He is board certified in physiatry, pain medicine and electrodiagnostic medicine.

Dr. Doss has been in private practice in the Hampton Roads area since 1995, and is now Assistant Professor of Physical Medicine and Rehabilitation at the University of Arkansas for Medical Sciences in Little Rock.

*Dr. Doss will be representing the National Medical Association.*



Katherine A. Flores, MD  
Chairwoman, National Hispanic  
Medical Association  
Director, UCSF-Fresno Latino Center  
for Medical Education and Research  
UCSF-Fresno MEP/LaCMER  
Fresno, CA

Dr. Flores received her undergraduate degree at Stanford University and her medical degree from the University of California, Davis. Since completing her residency training, she has spent her professional career as a family physician in private practice within an all-woman, bilingual medical group in Fresno, CA, which serves families from widely varying economic and ethnic backgrounds.

Dr. Flores is an Assistant Clinical Professor in Family Medicine at the UCSF School of Medicine and the Director of the UCSF Fresno Latino Center for Medical Education and Research (LaCMER). The LaCMER is a unit of the UCSF Fresno Medical Education Program located in California's Central San Joaquin Valley. The overall mission of LaCMER is to work with disadvantaged students and help prepare them to become healthcare professionals who will ultimately return to the Central Valley to provide culturally competent healthcare services to the medically underserved.

Dr. Flores has been active over the past 20 years in developing and overseeing programs that recruit and retain Latino and other underrepresented youth into the health professions. She has worked collaboratively with multiple partners to establish a comprehensive health careers pipeline program in the Central Valley of California, targeting disadvantaged youth, particularly from migrant farm worker backgrounds. The goal of these programs, the Junior and High School Doctors Academies and the Health Careers Opportunity Program

at California State University, Fresno, is to academically enrich, nurture and support disadvantaged youth from the 7th grade through college to assure their academic success and ultimate acceptance into health professional schools. Incorporated within the developed curriculum is a research focus that requires these students to explore health disparity issues in their local communities and provides them the scientific research skills necessary to address them. These programs also emphasize service learning and cultural competence.

Through her work in developing health professions pipeline programs for disadvantaged students, Dr. Flores and others jointly formed the California Health Professions Consortium to explore the development of a statewide strategy to address increasing the diversity of the healthcare workforce. The Consortium has grown to include members from academic institutions (faculty and administrators from universities and health professions schools), K-12 educators, direct service providers (hospitals, clinics, health plans, nurses, physicians), health policy advocates, and others who have similar interests.

*Dr. Flores will be representing the National Hispanic Medical Association.*



Doris Gould, MS, ANP-BC, GNP-BC  
Reliant Medical Group  
Orthopedics  
Worcester, MA

Ms. Gould is a graduate of Worcester City Hospital, Assumption College and University of Connecticut. She has been in the practice of nursing for 41 years. She is currently employed in a large Medical Group consisting of 280 providers in 20 clinical locations in Central Massachusetts.

Ms. Gould's Orthopedic department is based in Worcester, Massachusetts, and offers Orthopedic care in 4 other sites. The office is staffed by 7 MD's, 4 Physician Assistants, and 2 Nurse Practitioners. The practice is focused on patients with Osteoarthritis.

Ms. Gould enjoys caring for them and using her skills and knowledge to help maintain their musculoskeletal health allowing them to participate in activities they enjoy.

Ms. Gould remains active in her professional organizations and sits on the National Association of Orthopedic Nurses Board of Directors in the position of Secretary. In her leisure time, she enjoys golfing, walking, kayaking, biking and skiing.

*Ms. Gould will be representing the National Association of Orthopaedic Nurses.*



Jo A. Hannafin, MD, PhD  
 Attending Orthopedic Surgeon and  
 Director of Orthopedic Research  
 Hospital for Special Surgery  
 New York, NY

Dr. Hannafin is board certified in orthopedic surgery/sports medicine. She is a graduate of Brown University, and the Albert Einstein College of Medicine (M.D., Ph.D. in Physiology and Biophysics). She completed her residency training at the Albert Einstein College of Medicine and sports medicine fellowship at the Hospital for Special surgery. She is an Attending Orthopedic Surgeon and Director of Orthopedic Research at the Hospital for Special Surgery and a Professor of Orthopedic Surgery at Weill Cornell Medical College.

Dr. Hannafin was a United States Olympic Committee physician for the 2004 Olympic Games in Athens, Greece, and the 2003 Pan American Games in the Dominican Republic. She is currently the Head Team Physician for the WNBA New York Liberty, has been a Team Physician for the United States Rowing Team since 1994 and is a member of the International Federation of Rowing Associations (FISA) Medical Commission. She will serve as the FISA Medical Officer for the 2012 Olympic Games Rowing venue.

Dr. Hannafin is the Vice President of the American Orthopaedic Society for Sports Medicine and will serve as President from 2013-2014. She has served as Secretary of the AOSSM board, Chair of the Enduring Education and Research Committees and has served on numerous AOSSM committees. She has been a member of the Board of the Orthopaedic Research and Education Foundation (OREF) from 2006-2012. She has published over 80 papers in peer-reviewed journals and served on the Skeletal Biology Structural Regeneration (SBSR) study section from 2007-2011.

*Dr. Hannafin will be representing the American Orthopaedic Society for Sports Medicine.*



David J. Kennedy, MD  
 Assistant Professor, Physical Medicine &  
 Rehabilitation  
 Department of Orthopaedics and Rehabilitation  
 University of Florida  
 Gainesville, FL

Dr. Kennedy is a Physical Medicine and Rehabilitation specialist in the Department of Orthopaedics at Stanford University where his practice focuses on non-operative spine and musculoskeletal medicine. He received his medical degree from the University of Florida and completed his transitional internship at Tulane University. He continued his residency in Physical Medicine and Rehabilitation at the University of Washington in Seattle followed by a Spine and Sports Fellowship at the Rehabilitation Institute of Chicago.

Dr. Kennedy currently has multiple active grant funded research projects focusing on the efficacy and safety of corticosteroids in interventional procedures. He has authored over 10 book chapters, numerous peer reviewed journal articles, and has been an editor for the PM&R Clinics of North America issue on radiculopathy and the PM&R journal supplement on osteoarthritis.

Dr. Kennedy is on the Board of Trustees for the Association of Academic Physiatrists (AAP), the Medical Education Committee for the American Academy of Physical Medicine and Rehabilitation (AAPM&R), and the Research Committee, Appropriate Use Committee, and Annual Program Planning Committee for the International Spine Intervention Society (ISIS). He has been a regular lecturer at the annual assemblies for: ISIS, AAMP&R, AAP, North American Spine Society (NASS), and American Association of Neuromuscular & Electro-diagnostic Medicine (AANEM), among others.

*Dr. Kennedy will be representing the American Academy of Physical Medicine and Rehabilitation.*



Angela McLean, MD  
 Associate Professor of Medicine  
 LSU Health Sciences Center School of  
 Medicine at New Orleans  
 New Orleans, LA

Dr. McLean is a graduate of UCSF School of Medicine. She performed her internship and residency at LSUHSC- New Orleans where she served as Chief Resident.

Upon completing her residency, Dr. McLean joined the Faculty at LSU where she is currently an Associate Professor of Clinical Medicine. She is the Medical Director of Student Health at the Health Sciences Center and is Co-Director of the Ambulatory Tract for the Internal Medicine Residency Program. She serves on the Administrative Council for LSU Interim Hospital.

Dr. McLean has been active in the American College of Physicians where she has served on the National Associates Council and the Health and Public Policy Committee. She has served on the Diversity Committee for the LA Chapter and is currently on the executive Board of the Louisiana Chapter.

Dr. McLean is active in teaching medical students and residents at LSUHSC and has a busy private practice. Her interests include women's health and cultural competency.

*Dr. McLean will be representing the American College of Physicians.*



David G. Mekemson  
Senior Vice President  
Private Client Manager  
U.S. Trust, Bank of America Private  
Wealth Management  
Chicago IL

Mr. Mekemson is a Senior Vice President and Private Client Manager with U.S. Trust/ Bank of America Private Wealth Management. He ensures the timeliness and quality of client service delivery and is accountable for client satisfaction and relationship expansion.

Mr. Mekemson joined Bank of America's Private Bank in 1984 following over 10 years in Accounting, Systems and Human Resources Divisions at legacy Continental Bank. He received a B.A. in English Literature from the University of Illinois (Chicago) as well as an M.B.A. from DePaul University (Finance Concentration). He is a registered broker (Series 7) and has Series 63 and 65 designations.

Mr. Mekemson is actively involved in community and charitable organizations. He is the past Chairman of the Board of Hubbard Street Dance Chicago where he has served as a Board member for over 10 years. He is also a past Chairman of the Board of the Greater Chicago Chapter of the Arthritis Foundation where he has served for over 15 years.

Mr. Mekemson has also been involved in various national committees and trustee roles for the national Arthritis Foundation.

Mr. Mekemson has been a volunteer committee member of the Osteoarthritis Alliance Leadership Group for three years (since the formation of the committee in 2009), taking over as Committee Chair in January 2012. This committee advises the Arthritis Foundation Mission Committee on the needs of people suffering from Osteoarthritis. There are similar Alliance committees for RA and JA.

*Mr. Mekemson will be the Patient Representative.*



George S. Motto, MD  
Founder and Medical Director  
Metabolism, Weight & Lifestyle  
Institute, Ltd.  
Arlington Heights, IL

A native of Chicago, Dr. Motto attended Chicago's Loyola University and Stritch School of Medicine graduating in 1966. After post graduate training in Internal Medicine, and Endocrinology and Metabolism at the University of Illinois-West Side VA Medical Center, Chicago, and the Mayo Clinic, Rochester, MN, (interrupted by two years in the United States Air Force as Chief of Internal Medicine at Reese AFB Hospital, Texas), he entered private practice in the Chicago area

July 1, 1974. At that time, he was one of Chicago's first Board Certified Endocrinology and Metabolism specialists.

A pioneer in the private practice of Endocrinology, Dr. Motto has always limited his endeavors exclusively to endocrine and metabolic diseases. As a consequence, he has extensive experience in the diagnosis and treatment of all aspects of these diseases. His special interests are the intensive management of Diabetes (Type 1 & 2), obesity, and lifestyle for the treatment and prevention of disease. He strongly believes that a healthy lifestyle, on a personal and community wide basis, is the only way to deal with overweight and obesity (plus its co-morbidities), which are this nation's major Public Health problems.

Until January 31, 2003, when he resigned to pursue his special interests, Dr. Motto was the senior member of Suburban Endocrinology and Diabetes, a five physician exclusively Endocrine group he founded in 1980. He was the Medical Director of Weight and Risk Factor Management, an HMR™ Program, at Alexian Brothers Medical Center, Elk Grove Village, IL, which he operated for 27 years and which helped patients lose and keep off a significant amount of weight (he closed the program in June, 2011).

Active in the American Diabetes Association (ADA) since 1978, Dr. Motto is a recent (February, 2008) past President of the Northern Illinois Area of the ADA. Dr. Motto, in June 2003, was honored as "Father of the Year" by his Northern Illinois Area ADA. Also in June, 2003, he received a national service award from the ADA at its annual meeting in New Orleans. He was Program Chair for the ADA's inaugural "Chicago Diabetes Expo 2004" held at Navy Pier and also for the ADA's follow-up Chicago Expo 2005. He was overall Chair for Expos 2006 and 2007 and Co Chair for Expo 2008 and 2009.

Dr. Motto's current major ADA involvement is with the resident Teen Camp Program. Very active over his entire career in the education of the public, patients, physicians and other health care professionals, in 2003 he founded, and is Medical Director of The Metabolism, Weight & Lifestyle Institute, Ltd. (MWLI). MWLI's mission is to promulgate Dr. Motto's views and to provide him with a mechanism and platform to develop and provide innovative programs in the areas of prevention and intensive management of lifestyle related diseases such as Diabetes Mellitus Type 2, overweight, osteoarthritis, sleep apnea, and coronary artery disease. Dr. Motto has been designated a Certified Wellness Practitioner (CWP) by the National Wellness Institute.

*Dr. Motto will be representing the American Diabetes Association.*





Deepak S. Patel, MD  
 Family Practice and Sports Medicine Physician  
 Yorkville Primary Care and Rush-Copley Sports  
 Medicine  
 Yorkville, IL

Dr. Patel is board-certified in family medicine and primary care sports medicine. He practices family and sports medicine in Yorkville and Aurora, IL. He serves as Director of Sports Medicine for Rush-Copley Family Medicine Residency Program in Aurora, IL. His additional teaching affiliation is as Assistant Professor at Rush Medical College, Chicago, IL. He also serves as Chair of CME for Rush-Copley Medical Center.

Dr. Patel has authored, mentored, and served as section editor for several publications and textbooks on family medicine, but more often on sports medicine topics. He lectures on sports medicine topics at the annual AAFP Scientific Assembly in addition to local and regional CME events. He has an interest in the diagnosis and management of Osteoarthritis and has been regularly lecturing on this to various physicians throughout his career.

*Dr. Patel will be representing the American Academy of Family Physicians.*



Kevin de Regnier, DO  
 Family Physician  
 Madison County Medical Associates, PC  
 Winterset, IA

Dr. de Regnier is a board-certified family physician in private practice with Madison County Medical Associates of Winterset, Iowa. He also is a Fellow in the American College of Osteopathic Family Physicians (ACOFP). His professional interests include diabetes care and education, osteopathic manipulative medicine and geriatrics.

Dr. de Regnier, an Iowa native, earned a B.A. in Chemistry with a Biology Minor from the University of Northern Iowa. He received his Doctor of Osteopathy degree from the University of Osteopathic Medicine and Health Sciences in Des Moines. He completed both an internship and residency in family practice at Des Moines General Hospital. He also holds a certification from the National Board of Examiners for Osteopathic Physicians and Surgeons.

An active leader within the osteopathic family medicine profession, Dr. de Regnier has been a member of the ACOFP Board of Governors since 2006 and during the past decade has served on a number of ACOFP committees including the Committee on Federal Legislation, Policy and Organizational Committee,

History and Archival Committee and the Preceptor Committee.

At the state level Dr. de Regnier has served as president of both the Iowa Osteopathic Medical Association and the Iowa Chapter of the ACOFP. He also was appointed by the governor to serve on the Iowa Health Systems and Plans Committee of Iowa Health Regulation Task Force as well as the Data Committee of the Community Health Management Information System. On the local level he serves as Winterset High School football team physician.

In addition to his work in private practice Dr. de Regnier also holds an appointment as Adjunct Professor of Family Medicine at Des Moines University. He and his wife, Rae, have two children, Andrea and Christopher.

*Dr. de Regnier will be representing the American Osteopathic Association and the American College of Osteopathic Family Physicians.*



Ralph Reiff, Med, LAT, ATC  
 Executive Director  
 St. Vincent Sports Performance  
 Indianapolis, IN

Mr. Reiff, a certified athletic trainer and current Executive Director of Sports Performance for St. Vincent Hospital of Indianapolis, has been designated by many as a leader in athlete performance management. Since 1981 he has been athlete focused in the delivery of sports medicine and performance development. His efforts have earned him a national reputation as an innovator and leader.

Mr. Reiff started his career as athletic trainer for Butler University in Indianapolis where he managed the athlete health care, weight room and equipment for all sports. He was also an assistant professor and developed the athletic trainer curriculum at Butler. During his tenure at Butler he was selected to provide sports medicine to many national and international sporting events and professional athletes.

Mr. Reiff has managed the medical aspects of over twenty (20) NCAA events, including four (4) Men's Final Four Basketball Championships, the 1988 and 1996 U.S. Track & Field Olympic Trials, 2003 World Basketball Championships, Medical Director for the 2004 FINA Swimming World Championships and the 2007 & 2006 U.S.A. Track Outdoor Championships.

Mr. Reiff was Manager of Athlete Care for the 1996 Centennial Olympic Games in Atlanta. This selection took him to Atlanta for eighteen months of planning, implementation and management of all medical and performance operations for the Atlanta Committee for the Olympic Games. He is no stranger to Olympic events as he was selected by the United States Olympic

Committee for the 1987 U.S. Olympic Festival, numerous U.S.A. Basketball team selection events and was Head Athletic Trainer for the Gold Medal winning U.S.A. Basketball Team at the 1989 World University Games in Germany, 2006 U.S.A. Track & Field championship team at the DecaNation Meet in Paris and the 2008 IAAF World Cross Country Championship U.S.A. Teams.

Mr. Reiff has published several articles on the medical management of sporting events and was a co-author for the Position Statement for Hydration for Athletes for the National Athletic Trainers Association. He is in high demand by the medical and athlete community for his assessment and return to play management of athlete injuries. He has personally managed or consulted on medical and performance issues for athletes in the NFL, NBA, Motor Sports and U.S.A. Olympic athletes of varied sports.

As a business leader, Mr. Reiff developed the first downstream revenue measurement process currently utilized by sports medicine groups and hospitals across the country. In 2001 he opened the doors on a unique sports performance center in Indianapolis. His leadership is applauded by internal and external audiences for his results and his athlete centered culture.

Designated as a Sagamore of the Wabash by then Indiana Governor Robert Orr for his contributions to the welfare of the citizens of Indiana, Mr. Reiff has also been inducted into the University of Indianapolis Athletics Hall of Fame, Indiana Athletic Trainers Association Hall of Fame and has also been recognized as a Most Distinguished Athletic Trainer from the National Athletic Trainers Association. In 2006 the Honorable United States Senator Richard Lugar recognized him with a special citation for his health efforts in the State of Indiana.

*Mr. Reiff will be representing the National Athletic Trainers' Association.*



Scot Rheinecker, MS, AT-C/L, PA-C  
Physician Assistant  
OrthoCarolina  
Kannapolis, NC

Mr. Rheinecker earned a Bachelor of Science, Kinesiology - Athletic Training, cum laude from The University of Illinois at Urbana-Champaign. He went on to acquire a Master of Science, Exercise Science-Sports Medicine from the University of Iowa and a Master of Medical Science, cum laude from Emory University School of Medicine, Physician Assistant Program.

Mr. Rheinecker is currently a staff physician assistant at OrthoCarolina-Concord in Charlotte, North Carolina

specializing in general orthopedics and shoulder & elbow disorders. He has over 15 years experience in orthopedics and treats patients of all ages. He is the Continuing Education Chairman and Past President of the specialty society Physician Assistants in Orthopaedic Surgery.

*Mr. Rheinecker will be representing the American Academy of Physician Assistants.*



Kimberly J. Templeton, MD  
Professor of Orthopaedic Surgery  
Department of Orthopaedic Surgery  
University of Kansas School of Medicine  
Kansas City, KS

Dr. Templeton has worked with the U.S. Bone and Joint Initiative (USBJI), formerly the U.S. Bone and Joint Decade, for the past several years. Initially, she was the first chair of the public education committee, helping to develop such programs as "Fit to a T" and "PB&J: Protect Your Bones and Joints". She then served on the USBJI Board of Directors, first as treasurer and now as President.

Dr. Templeton is professor of orthopaedic surgery and health policy and management at the University of Kansas Medical Center in Kansas City. She has been the orthopaedic residency program director there for the past several years. She was also previously chief of the orthopaedic section at the Kansas City VA Medical Center.

Dr. Templeton was the first McCann Professor of Women in Medicine and Science and a past-president of the Kansas Orthopaedic Society, Mid-Central States Orthopaedic Society, and the Ruth Jackson Orthopaedic Society. She has served on the Diversity Advisory Board of the American Academy of Orthopaedic Surgeons for the past several years, working on projects such as the culturally competent care educational DVD and accompanying book. She has recently completed a term on the AAOS Council for Research, Quality Assessment, and Technology.

In 2008, Dr. Templeton was an invited participant in the Summit for a National Action Plan for Bone Health and has recently been appointed to the governance committee of the National Alliance for Bone Health. She currently works with the Commission on the Status of Women at the United Nations, is a member of the steering committee for the 2010 and 2011 National Summits on Arthritis and Musculoskeletal Health Disparities, serves on the boards of directors of the American Medical Women's Association and the American College of Women's Health Physicians, and is a committee member for the Council of Orthopaedic Residency Program Directors and the American Orthopaedic Association.

Dr. Templeton was recently elected vice-president of the Kansas State Board of Healing Arts and is a past-President of the Medical Society of Johnson and Wyandotte Counties. Her research interests include women's health, medical education, and the treatment of osteosarcoma.

*Dr. Templeton is currently the United States Bone and Joint Initiative President and will be representing the American Medical Women's Association.*



Patience H. White, MD, MA  
Chief Public Health Officer  
Public Health Department  
Arthritis Foundation  
Washington, DC

Dr. White is vice president for public health for the Arthritis Foundation and professor of medicine and pediatrics at the George Washington University School of Medicine and Health Sciences. At the Arthritis Foundation she is leading the Arthritis Foundation's public health initiatives to bring national attention to arthritis, the most common cause of disability in the U.S. through forming national coalitions such as the OA Action Alliance and strategic partnerships with such organizations as the Centers for Disease Control and Prevention, medical professional organizations and other national organizations such as the National Alliance for Hispanic Health, National Parks and Recreation Association, and National Athletic Trainers' Association.

Before assuming her current position at the Arthritis Foundation in 2005, Dr. White served as the director of the Division of Adult Rheumatology and Associate Dean for Academic Affairs at George Washington University School of Medicine and Health Sciences and director of Pediatric Rheumatology and the Adolescent Employment Readiness Center at the Children's National Medical Center in Washington, DC. She has been a practicing rheumatologist caring for both adults and children with rheumatic diseases for over 25 years.

Dr. White has been a consultant for the President's Task Force for Employment of People with Disabilities, Social Security Administration, Bureau of Maternal and Child Health, the Department of Health and Human Services (HHS) and chairman of the National Arthritis Advisory Committee of the Food and Drug Administration's Center for Drug Evaluation and Research. She served as a Robert Wood Johnson Health Policy fellow on the Senate Finance Committee in 2000-2001 focusing on health care financing. She was involved with the development of the National Arthritis Action Plan. She has received many national and regional awards for her work on the long term outcomes for youth with special health care needs.

Dr. White completed a master of science degree from Dartmouth Medical School, a doctor of medicine degree from Harvard Medical School, and a Master's in Education from George Washington University Graduate School of Education and Human Development. She has been a volunteer and held leadership positions in the American Academy of Pediatrics, the American College of Rheumatology, the Arthritis Foundation metropolitan DC Chapter and the Frontier Nursing Service in Kentucky. She currently serves on the board of directors for the American Joint Replacement Registry and the patient advisory board of the Center for Medical Technology Policy.

*Dr. White will be representing the Arthritis Foundation.*



Janet S. Wyatt PhD, RN, FAANP  
Consultant  
Institute of Pediatric Nursing  
Gaithersburg, MD

Dr. Wyatt has served as the Chief Executive Officer of the Pediatric Nursing Certification Board, Inc. from 1998 to present, leading the development of advanced practice pediatric nurse practitioner and general practice pediatric nursing certification programs for more than 28,000 nurses in the U.S. and Canada.

In 2009, Dr. Wyatt led the establishment of the new Institute of Pediatric Nursing and as its current Executive Director, works with nursing leadership from children's hospitals and pediatric nursing organizations to improve education, research and pediatric nursing practice to secure the future health and well-being of children and youth.

Prior to her focus on association management, Dr. Wyatt served more than 20 years as a faculty member in a number of graduate nursing programs. She has played a major role in the development of nurse practitioner programs at several universities including the establishment of the first Family Nurse Practitioner program at the Uniformed Services University of the Health Sciences. As a nurse practitioner Dr. Wyatt spent more than 30 years in primary care clinical practice, focusing on health promotion and chronic disease management. Her clinical positions range from nursing director of the first Geriatric Evaluation and Management Unit at the Veterans Hospital Baltimore, MD to Director of Community Health services for the NATO military family community at SHAPE, Belgium. She also completed 2 years of active service in the U.S. Navy Nurse Corps and more than 15 years in the U.S. Army Nurse Corps Reserves.

Dr. Wyatt has been an invited lecturer at numerous national and international nursing conferences and has published in nursing text books and professional journals. She is a member of Sigma Theta Tau, international honor society for nursing, is a Fellow in the

American Academy of Nurse Practitioners and in 2010 was honored as one of 60 visionary alumni leaders at the 60th Anniversary celebration of the School of Nursing, University of Alabama, Birmingham. Her current volunteer activities include service on the Board of Directors of the Institute for Credentialing Excellence, membership on the Board of Directors of the Mid Atlantic Region of the Arthritis Foundation as well as a membership on the national Board of Directors of the Arthritis Foundation where she serves as Chair of the Public Policy Committee, and on the Board of the United States Bone and Joint Initiative.

Dr. Wyatt completed her Bachelor's in Nursing at Keuka College, NY, Master's in Nursing with a major in Community Health at the University of Alabama Birmingham, and PhD in Health Education at the University of Maryland, College Park, MD. Jan and her husband Ed have three daughters and currently live in Round Hill, VA.

*Dr. Wyatt will be representing the Institute of Pediatric Nursing.*



Michael E. Zychowicz, DNP, ANP-C, ONP-C  
Associate Professor  
Director, Master of Science in Nursing Program  
Lead Faculty, Orthopedic NP Concentration  
Duke University School of Nursing  
Durham, NC

Dr. Zychowicz is Associate Professor and Director of the MSN Program at Duke University School of Nursing. He is the Lead Faculty member for the only Orthopedic NP specialty program in the U.S. located at Duke University. He is certified as both an Adult Primary Care Nurse Practitioner and an Orthopedic Nurse Practitioner. Dr. Zychowicz earned a Master of Science degree from Syracuse University and completed the Doctorate of Nursing Practice degree at Case Western Reserve University. His DNP thesis was a study of the correlation between self-efficacy, pain beliefs and time spent out of work following an acute occupational back injury. Dr. Zychowicz was selected as New York State NP of the Year (2004), received the American Academy of Nurse Practitioners (AANP) Award for Excellence in 2007, was selected as a Fellow of the American Academy of Nurse Practitioners (2007), and received the American Association of Colleges of Nursing Leadership in Academic Nursing Fellowship (2007-2008). He also served as an Army Reserve Officer in the Army Medical Department between 1991 and 2005.

Dr. Zychowicz has published the book *Orthopedic Nursing Secrets*, in addition to articles and chapters on a variety of orthopedic topics. He is frequently invited to lecture at conferences and seminars across the country where he shares his passion for orthopedic topics locally and nationally to nursing and nurse practitioner organizations. He is on the editorial advisory board for the journal *Advance for NP & PAs* and is a contributing editor for *Clinical Advisor*. His clinical interests generally

include back pain, occupational back injuries, and general primary care orthopedics. His research interests include occupational back injuries and the effect of health beliefs on returning to work after an occupational injury. In 2010 he joined the journal *Orthopedic Nursing* as a columnist writing about orthopedic pathophysiology.

*Dr. Zychowicz will be representing the American Academy of Nurse Practitioners.*



Nicole Lezin  
Cole Communications  
Aptos, CA

Ms. Lezin, a public health consultant based in Aptos, California, has facilitated strategic planning, team-building, focus groups, and other meetings for a variety of public and nonprofit agencies, including health departments, national workgroups, Boards of Directors, research centers, faculty teams, coalitions, and advocacy groups.

For 10 years, Ms. Lezin was on the faculty of the HIV Prevention Leadership Institute (co-sponsored by the Centers for Disease Control and Prevention (CDC) and the Association of Schools of Public Health), where she taught a module on strategic planning and facilitation for managers of community-based organizations involved in HIV prevention.

In addition to her organizational consulting and facilitation work, Ms. Lezin has written (and ghostwritten) speeches, journal articles, case studies, grants, curricula, Web content, op-ed pieces, and other written products on a wide range of public health and education topics, including children's health and development, teen pregnancy prevention, obesity, bioterrorism, and health reform, among others. She is the co-author, with Marshall Kreuter, Lawrence Green, and Matt Kreuter, of *Community Health Promotion Ideas That Work: A Fieldbook for Practitioners* and, with Douglas Kirby, of *Preventing Teen Pregnancy: Youth Development and After-School Programs*.

Prior to launching her consulting practice in 1999, Ms. Lezin worked as a Senior Project Manager for Macro International (now ICF International), a consulting firm whose Atlanta practice specialized in evaluation and organizational studies for the CDC, and as a partner of Health 2000, a public health training and technical assistance firm that helped federal, state, and local health agencies and philanthropies tackle a variety of organizational, planning, and communication obstacles. Ms. Lezin is a graduate of Yale College and of Yale University's School of Management, where she earned her Master's degree in Public and Private Management.

*Ms. Lezin is the meeting facilitator.*



## **Chronic Osteoarthritis Management Initiative (COAMI) Work Group Meeting, May 10-11, 2012**

### **Program Committee**

Anita Bemis-Dougherty PT, DPT, MAS  
Senior Vice President for Practice & Research  
American Physical Therapy Association  
Alexandria, VA

Thomas Best MD, PhD, FACSM  
Director  
Division of Sports Medicine, Department of  
Family Medicine  
Ohio State University College of Medicine  
Columbus, OH

Leigh Callahan, PhD  
Professor, Medical and Social Medicine  
University of North Carolina at Chapel Hill  
School of Medicine  
Thurston Arthritis Research Center  
Chapel Hill, NC

Joanne M. Jordan, MD, MPH (Chair)  
Professor, Medicine & Orthopaedics  
Thurston Arthritis Research Center  
University of North Carolina at Chapel Hill  
School of Medicine  
Chapel Hill, NC

Kimberly J. Templeton MD (USBJI President)  
Professor of Orthopaedic Surgery  
Department of Orthopaedic Surgery  
University of Kansas School of Medicine  
Kansas City, KS

Nicole Lezin (Facilitator)  
Cole Communications  
Aptos, CA

Toby King, CAE (Staff Liaison)  
Executive Director  
United States Bone and Joint Initiative  
Rosemont, IL

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